ESH-RSC Educational Course
on Resistant Hypertension and Novel Treatments Options
SEPTEMBER 24, 2013
Park Inn Pribaltiyskaya Hotel – Saint-Petersburg, RUSSIA
It is a pleasure to present the first ESH-RSC Educational Course on Resistant Hypertension in Russia, jointly promoted by the European Society of Hypertension and the Russian Society of Cardiology. The Course aims at presenting and discussing the State of the Art in resistant hypertension management in Europe and Russia. It also includes topics dedicated to novel device-based therapies for resistant hypertension and highlights several patient cases from excellent centres in Russia.

The Course is also included in the pre-Symposia meetings of the Russian National Congress of Cardiology, devoted to the 50th anniversary of the RSC to which we wish the best success as we look forward to strengthening the collaboration between ESH and RSC in the future years. The programme is supported by Medtronic to which goes the gratitude of ESH and RSC.

We strongly hope and believe that this Course will not only be very engaging and educational, but that it will also contribute to stimulate research and improve treatment of hypertension.

On behalf of both Societies we are delighted to welcome you to Saint-Petersburg and look forward to a productive and fruitful meeting.

Prof. Krysztof Narkiewicz
ESH Scientific Course Coordinator

Prof. Alexandra Konradi
RSC Scientific Course Coordinator
**Faculty**

**Elena I. Baranova**  
M.D., PhD., Professor of Faculty Therapy Department; Vice-Director for Science, Institute of Cardiovascular Diseases, Saint-Petersburg Pavlov State Medical University, Saint-Petersburg, RUSSIA

**Nickolay M. Danilov**  
M.D., PhD., Senior Staff Cardiologist; Assistant Professor, Departments of Hypertension and Roentgenoangiography, Cardiology Research Complex, Moscow, RUSSIA

**Lyudmila I. Gapon**  
M.D., PhD., Professor, Honored scientist of the Russian Federation, National expert on hypertension; Head, Department of Clinical Cardiology, Tyumen Cardiology Center, Branch of Institute of Cardiology, Russian Academy of Medical Sciences Siberian Branch, Tyumen, RUSSIA

**Alexandra O. Konradi**  
M.D., PhD., Professor, Research Work Vice-Director; Head, Research Department of Arterial Hypertension, Almazov Federal Heart, Blood and Endocrinology Centre, Saint-Petersburg, RUSSIA

**Krysztof Narkiewicz**  
M.D., PhD., Professor, Head, Hypertension Unit, Department of Hypertension and Diabetology, Medical University of Gdansk, Gdansk, POLAND

**Evgeniy A. Pokushalov**  
M.D., PhD., Deputy Director; Head, Arrhythmia Department and Electrophysiology Laboratory, Meshalkin State Research Institute of Circulation Pathology, Novosibirsk, RUSSIA

**Roland E. Schmieder**  
M.D., PhD., Professor of Internal Medicine, Nephrology and Hypertension, Head, Clinical Research Centre; ESH Vice Chair, Department of Nephrology and Hypertension, University Hospital Erlangen, Erlangen, GERMANY

**Dmitry A. Zverev**  
M.D., PhD., Head, Endovascular Surgery Research Laboratory, Almazov Federal Heart, Blood and Endocrinology Centre, Saint-Petersburg, RUSSIA

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**Programme**  
**Tuesday, September 24, 2013**

**ESH-RSC EDUCATIONAL COURSE ON RESISTANT HYPERTENSION AND NOVEL TREATMENT OPTIONS**

**12.00-12.30**  
Welcome buffet lunch

**12.30-13.50**  
**SESSION I: STATE OF THE ART IN RESISTANT HYPERTENSION**  
**Chairpersons:**  
A.O. Konradi (Saint-Petersburg, RUSSIA)  
K. Narkiewicz (Gdansk, POLAND)

**12.30**  
Introduction  
A.O. Konradi (Saint-Petersburg, RUSSIA)

**13.10**  
Discussion

**13.15**  
Resistant hypertension: epidemiology, predisposing factors, diagnosis and evaluation  
A.O. Konradi (Saint-Petersburg, RUSSIA)

**13.45**  
Discussion

**13.50-15.05**  
**SESSION II: NOVEL TREATMENT OPTIONS IN RESISTANT HYPERTENSION**  
**Chairpersons:**  
N.M. Danilov (Moscow, RUSSIA)  
E.A. Pokushalov (Novosibirsk, RUSSIA)  
R.E. Schmieder (Erlangen, GERMANY)  
D.A. Zverev (Saint-Petersburg, RUSSIA)

**13.50**  
Beyond standard medical management: supporting data for device-based therapy  
R.E. Schmieder (Erlangen, GERMANY)

**14.20**  
Discussion

**14.25**  
Presentation of the renal denervation procedure  
N.M. Danilov (Moscow, RUSSIA)

**14.55**  
Discussion

**15.05**  
Coffee break

**15.30-17.30**  
**SESSION III: SCREENING AND SELECTION OF PATIENTS FOR DEVICE-BASED THERAPY, FUTURE PERSPECTIVES**  
**Chairpersons:**  
E.I. Baranova (Saint-Petersburg, RUSSIA)  
L.I. Gapon (Tyumen, RUSSIA)

**15.30**  
Patient selection and screening  
L.I. Gapon (Tyumen, RUSSIA)

**16.00**  
Panel Presentation/Discussion focused on patient identification for novel therapies with presentation of clinical cases from Tomsk and Saint-Petersburg.

**17.00**  
Is there a role for renal denervation beyond resistant hypertension?  
E.A. Pokushalov (Novosibirsk, RUSSIA)

**17.30**  
Closing remarks  
K. Narkiewicz (Gdansk, POLAND)
General Information

MEETING DATE
September 24, 2013

COURSE VENUE
Park Inn Pribaltiyskaya Hotel,
14, Korablestroiteley Street
Saint-Petersburg, Russia, 199226.

ADMISSION AND ACCESS CONTROL
At the arrival at Park Inn Pribaltiyskaya Hotel, participants receive the
badges and the Course material. All participants are kindly requested
to wear their badges throughout the Course in order to be admitted
to the Course activities.

CONGRESS SECRETARIAT
The Course Secretariat at desk is open as follows:
September 23 from 15.00 to 19.00
September 24 from 9.00 to 18.00

SCIENTIFIC SESSIONS
Scientific sessions are held in Room Red 11 (2nd floor).

LANGUAGE
Russian is the official language of the Course. However simultaneous
translation English/Russian and Russian/English will be available.

COFFEE BREAK AND LUNCH
Coffee break is served in the foyer next to the Red 11 Hall while buffet
lunch is served at the Restaurant located at the 1st floor.

LIABILITY AND INSURANCE
The Organiser is not able to take any responsibility for injury or damage
involving persons and property during the Course. Participants are
advised to take out their own personal travel and health insurance
for their trip.

MOBILE PHONES
Delegates are kindly requested to set their mobile phones on silent
mode in the room where scientific session is being held.

NO SMOKING
Smoking in the Course venue is not allowed.

CERTIFICATE OF ATTENDANCE
The certificate of attendance is available on request at the end of the
meeting at the Course Secretariat desk.